

**TIGER CHO'S  
TAE KWON DO CENTER**  
(Physical - Mental - Self Defense Training)



527 N. Telephone Road  
Moore, OK 73160  
(405) 799-0555

**CLASS SCHEDULE**

[www.tigerchos.com](http://www.tigerchos.com)

starting MARCH 2016

TIME DAY	4:30 - 5:00 PM	5:00 - 5:45 PM	5:45 - 6:30 PM	6:30 - 7:15 PM	7:15 - 8:00 PM	8:00 - 8:30 PM
<b>Monday</b>	Age 4 -5	Age 6 -12 <b>Orange - Green</b>	Age 6 -12 <b>White - Yellow</b>	Adult <b>White - Yellow</b>	Adult <b>Advanced</b>	Private Class All Belt-All Age Appointment Only
<b>Tuesday</b>	Private Class All Belt-All Age Appointment Only	Age 6 -12 <b>White - Yellow</b>	Age 6 -12 <b>Blue - Black</b>	Family Class All Belt-All Age	Adult <b>White - Yellow</b>	Open Family & Adult Only
<b>Wednesday</b>	Age 4 -5	Family Class All Belt-All Age	Age 6 -12 <b>Orange - Green</b>	Age 6 -12 All Belts	Adult <b>Advanced</b>	Private Class All Belt-All Age Appointment Only
<b>Thursday</b>	Private Class All Belt-All Age Appointment Only	Age 6 -12 <b>Blue - Black</b>	Age 6 - 12 All Belts	Family Class All Belt-All Age	Adult All Belt	Open Family & Adult Only
<b>Friday</b>	5:30 - 6:15 PM Age 6 - 12 ALL BELTS			6:15 - 7:00 PM ADULT - ALL BELTS		7:00 - 7:30 PM Open
<b>Saturday</b>	11:00 - 11:50 AM ALL AGE - ALL BELTS					12:00 - 1:00 PM Open

**IMPORTANT NOTES:**

- Drop students off no earlier than 20 Minutes prior to class and pick students up promptly after class.
- Parents are allowed to watch the last 20 Minutes of class. You must get instructors permission to watch a full class.
- Always wear a clean uniform and ensure good hygiene (clean body and clean feet).
- All Color Belts must have all sparring gear at every class (gear may be purchased from Tiger Cho's).